

# Community Resources for Women's Mental Health



Women's Health  
Institute

*Dear Hoag Patient,*

*This resource is a compilation of publicly available information about local resources for Mental Health. The list of resources is not exhaustive and is for reference only. While every reasonable effort has been made to include accurate and current information, Hoag cannot be held responsible for any errors or omissions in the information, so please be sure to check your insurance directory for current information on contracted providers or call the provider to confirm insurance eligibility.*

*In addition, an individual's or an organization's inclusion in this resource does not represent an endorsement by Hoag (unless Hoag is expressly providing the service).*

**TABLE OF CONTENTS:**

Mental Health Resources at Hoag ..... 1

Referral Phone Lines ..... 2

Helpful Websites ..... 3

Women's Mental Health Programs  
in Southern California ..... 4

Reproductive Psychiatrists..... 6

Reproductive Tele-Psychiatrists ..... 10

Therapists Specializing  
in Women's Mental Health ..... 10

Therapists Specializing in CBT/DBT ..... 11

Home Visitation Programs  
in Southern California ..... 13

Low Cost Psychotherapy/Counseling..... 13

General Adult Psychiatrists ..... 14

Transcranial Magnetic Stimulation (TMS) ..... 19

# Mental Health Resources at Hoag

## MELINDA HOAG SMITH CENTER FOR HEALTHY LIVING

307 PLACENTIA AVE., NEWPORT BEACH, CA 92663

### Mental Health Center

949-764-6542 | [www.hoag.org/mental-health](http://www.hoag.org/mental-health)

307 Placentia Ave., Suite 100B, Newport Beach, CA 92663

This is a full-service program for low income uninsured or underinsured people. The Center offers individual, couple, family and group psychotherapy. Women's services include empowerment support groups and maternal mental health. Affordable for individual, family and couples counseling, Client fees are based on a low sliding scale. No one will be turned away due to lack of funding. Services in English, Spanish and Farsi. Office hours are Monday-Friday, 9-7pm.

### Costa Mesa Family Resource Center

949-764-8100

307 Placentia Ave., Suite 203, Newport Beach, CA 92663

The Family Resource Center offers a variety of Skills groups, Support Groups, Family Counseling services, and Classes for the residents of Costa Mesa and Newport Beach.

## HOAG'S POSTPARTUM ADJUSTMENT SUPPORT GROUP

Call the Babyline at 949-764-2229 for more information.

This free, ongoing support group focuses on teaching positive coping skills and providing support and education. Facilitated by Laura Navarro Pickens, LCSW.

## TEEN BRAIN

949-764-8333

Teen Brain offers psychological testing coupled with neurological, psychiatric, and psychological evaluations conducted by a collaborative team of top-tier adolescent specialists to definitively diagnose children and teens with mental health concerns. Upon completion of their individual evaluations, the doctors meet together to jointly diagnose the patient based on the team's collective findings. The entire Teen Brain team then meets with the family to discuss their findings and create a personalized course of treatment.

## **AFTER-SCHOOL PROGRAM INTERVENTIONS AND RESILIENCY EDUCATION (ASPIRE)**

949-764-8333

Hoag offers the acclaimed After-School Program Interventions and Resiliency Education (ASPIRE), an evidence-based intensive outpatient program to treat teen anxiety, depression and other mental health conditions. ASPIRE offers teens and their families practical tools to overcome current mental health concerns and effectively navigate future challenges. The multidisciplinary treatment team combines education and multiple counseling and training modalities to prepare teens with healthy coping strategies.

## **Referral Phone Lines**

### **ORANGE COUNTY MENTAL HEALTH REFERRAL LINE**

Orange County Mental Health Programs. They can connect you to services such as outpatient mental health, inpatient and crisis intervention, substance abuse/rehabs, post-partum wellness program, home-visitation programs, mental health services for seniors and children.

**For Patients:** Call 855-OC-LINKS (855-625-4657)

**For Providers:** To obtain brochures call 714-834-2077  
JAustin@ochca.com

### **POSTPARTUM SUPPORT INTERNATIONAL**

949-246-5062 | <http://postpartum.net>

International organizations that provide referrals for group and individual therapy, and for psychiatrists to women with postpartum disorders. Orange County Coordinator: Elisabeth Farnsworth

### **HOAG HOSPITAL BABYLINE**

949-764-2229 for additional information on local mental health referrals.

# Helpful Websites

## **POSTPARTUM SUPPORT INTERNATIONAL**

<http://postpartum.net>

International network of individuals and organizations whose purpose is to increase awareness among public and professionals about pregnancy- and postpartum-related psychiatric disorders. Provides referrals for group and individual therapy, and for psychiatrists to women with postpartum disorders. Please review the website to find your Orange County Coordinator.

## **MASSACHUSETTS GENERAL HOSPITAL CENTER FOR WOMEN'S MENTAL HEALTH**

[www.womensmentalhealth.org](http://www.womensmentalhealth.org)

This is a comprehensive website providing information about women's mental health.

## **MOTHERISK**

[www.motherisk.org](http://www.motherisk.org)

Canadian organization that provides information on safety and risks of drugs in pregnancy and lactation, and about alcohol and other substance use in pregnancy.

## **NORTH AMERICAN MENOPAUSE SOCIETY**

[www.menopause.org](http://www.menopause.org)

Nonprofit organization promoting women's health during midlife and beyond, with special focus on menopausal health.

## **POSTPARTUM DAD**

<http://www.postpartumdads.org>

This website is intended to help dads and families by providing firsthand information and guidance through the experience of PPD. This site also includes information and resources that can be used by professionals to assist families dealing with PPD.

# Women’s Mental Health Programs in Southern California

These are **comprehensive** Women Mental Health Clinics, usually affiliated with a University or with County Programs. They offer medication management psychotherapy, support groups, classes and case management.

## ORANGE COUNTY

---

### **St. Joseph’s. Caring for Women with Maternal Depression Program\***

714-771-8085

St. Joseph Hospital | 1100 W. Stewart Dr., Orange, CA 92868

[2 other symbols for Cal Optima and Medical accepted]

Most insurances, also Medical and Cal-Optima.

### **Orange County Postpartum Wellness Program OCPPW\***

714-480-5160

792 W. Town & Country Rd., Bldg E., Orange, CA 92868

Services in English, Spanish, Vietnamese and Farsi.

## LOS ANGELES

---

### **UCLA Women's Life Center\***

310-825-9989 | <http://www.semel.ucla.edu/mood/womens-life>  
Westwood, Los Angeles.

### **Maternal Wellness Center at USC and The New Family Care Clinic\***

323-409-5370 | Downtown Los Angeles

### **Huntington Memorial Hospital Maternal Wellness Program\***

626-397-2330 | <http://www.huntingtonhospital.com/MainPostpartumDepression.aspx> | Pasadena, Los Angeles

### **Community Hospital Long Beach inpatient\***

855-245-2443 and 562-494-9388

<http://www.memorialcare.org/services/mental-health/mental-health-community-hospital-long-beach/perinatal-mood-and-anxiety>  
Long Beach

### **Menopause Program at Cedars-Sinai.**

Director: Chrisandra Shufelt, MD, MS, FACP | 310-423-9960  
8631 West Third St., Suite 740, E. Los Angeles, CA 90048

## SAN DIEGO

---

### **UC San Diego Maternal Mental Health Program\***

858-534-8730 or call center: 858-534-7792

<http://health.ucsd.edu/specialties/obgyn/maternity/newborn/maternal-mental-health/Pages/resources.aspx> | San Diego

# Reproductive Psychiatrists

These are physicians who specialize in Women's Mental Health. They provide psychiatric services to women struggling with mental health conditions during pregnancy, post-partum, menopause, infertility, pregnancy loss and menses. Services may include medication management and/or psychotherapy (also known as counseling)

## ORANGE COUNTY

---

### ALISO VIEJO

#### **Bettina Franz, MD**

949-680-2700 | <http://www.bfranzmd.com>  
6B Liberty Plaza, Suite 110, Aliso Viejo, CA 92656

### NEWPORT AND TUSTIN

#### **Patricia De Marco Centeno, MD**

949-200-9791 | [www.pacificcoastpsychiatry.com](http://www.pacificcoastpsychiatry.com)  
500 Superior Ave., Suite 350, Newport Beach, CA 92663.  
Limited availability. Mostly inpatients.

#### **Sonya Rasminsky, MD**

949-734-4912 | [www.sonyarasminsky.com](http://www.sonyarasminsky.com)  
4667 MacArthur Blvd., Suite 320, Newport Beach, CA 92660  
General psychiatry and women's mental health

### COSTA MESA

#### **Valerie Davis, MD**

714-556-5004 | [davismd@SouthCoastPsychiatry.com](mailto:davismd@SouthCoastPsychiatry.com)  
<http://www.southcoastpsychiatry.com>  
950 South Coast Dr., Suite 235, Costa Mesa, CA 92626

## SAN DIEGO

---

#### **Leslie Tam Craig, MD**

619-994-7911 | San Diego



# LOS ANGELES

---

## LONG BEACH / SEAL BEACH

### **Vivien Burt, MD**

310-562-4942 | <http://drvivienburt.com>

Long Beach and Westwood

## SOUTH BAY

### **Elizabeth Cowart, MD**

310-908-1083 | Manhattan Beach

### **Michelle Furuta, MD**

310-738-2228 | [michelle@furutamd.com](mailto:michelle@furutamd.com) | [www.furutamd.com](http://www.furutamd.com)

Torrance

### **Ellen Sherman, MD\***

310-375-2524 or 310-530-1700 | Torrance

Insurance accepted: Blue Cross, Blue Shield and Aetna

### **Rita Suri, MD**

310-880-6756 | Redondo Beach

## BEVERLY HILLS AND WEST HOLLYWOOD

### **Stacey Bernstein – Haas, MD**

310-733-7212 | [stacey@bernstein-haasmd.com](mailto:stacey@bernstein-haasmd.com)

<http://www.bernstein-haasmd.com> | Beverly Hills

## BRENTWOOD/WESTWOOD/WEST LOS ANGELES

### **Erin Murphy-Barzilay, MD**

310-633-1352 | <http://er MurphyBarzilay.weebly.com> | Westwood

### **Robin Berman, MD**

310-826-4321 | [www.permissiontoparent.net](http://www.permissiontoparent.net)

11611 San Vicente Blvd., Suite 1020, Los Angeles, CA 90049

### **Caryn Bernstein, MD**

310-867-3116 | Westwood

**Vivien Burt, MD**

310-562-4942 | <http://drvivienburt.com/>

Westwood and Long Beach

**Stacy Cohen, MD**

323-813-6463 | <http://stacycohenmd.com/home.html>

10780 Santa Monica Blvd., Suite 120, Los Angeles, CA, 90025

Women's mental health, addiction

**Jolene Sawyer, MD**

310-600-5110 | [jolenesawyermd@gmail.com](mailto:jolenesawyermd@gmail.com)

11980 San Vicente Blvd., Suite 711, Los Angeles, CA 90049

**Merrill Sparago, MD**

310-470-7076

**Jennifer Yashari, MD**

310-857-8240 | <http://jenniferyasharimd.com> | Westwood

**Stephanie Zisook, MD**

310-208-6460 | <http://www.drzisook.com> | Westwood

**Lori Zukerman, MD**

310-699-6001 | West Los Angeles

**SANTA MONICA****Kelly Foster, MD**

310-403-2647

**Josephine McNary, MD**

310-806-0891 | Santa Monica

**Jolene Sawyer, MD**

310-600-5110 | [jolenesawyermd@gmail.com](mailto:jolenesawyermd@gmail.com)

**SAN FERNANDO VALLEY****Kira Stein, MD**

818-990-5901 | <http://westcoastlifecenter.com>

Offers TMS – treatment resistant depression | Sherman Oaks

**Marina Lensky, MD**

310-737-8524 | 16661 Ventura Blvd., Suite 441, Encino, CA

**Kal Maniktala, MD**

818-995-1041 | Sherman Oaks

**Mary Moebius, MD**

818-776-8705 | Tarzana

**Mindy Werner-Crohn, MD\***

818-921-4300 ext. 2

<http://www.calabasasbehavioralhealth.com/index.php>

Calabasas | Offers TMS for treatment resistant depression.

Accepts Anthem only

**Jack Wu, MD and Elizabeth Nakamura, MD**

818-693-1431 | <http://www.calabasas-psychiatrist.com>

Calabasas and Encino

**MIRACLE MILE**

**Eleanor Curry, MD**

323-393-0229

**Julie Gedden, MD**

310-383-2026 | [juliegeddenmd@gmail.com](mailto:juliegeddenmd@gmail.com)

**Melissa Sullivan, MD**

310-526-8535

[http://www.melissasullivanmd.com/Melissa\\_Sullivan,\\_MD/Welcome.html](http://www.melissasullivanmd.com/Melissa_Sullivan,_MD/Welcome.html)

**PASADENA**

**Emily Dosset, MD**

626-660-6574 | [http://www.edossetmd.com/Home\\_Page.html](http://www.edossetmd.com/Home_Page.html)

**Lilit Pogolian, MD**

310-220-5463 | <http://www.lilitpogolianmd.com>

# Reproductive Tele-Psychiatrists (appointments from home)

## Alexis Link, MD

310-882-3151

alink@alexislinkmd.com - for CA residents only.

Patient must have access to a computer with working camera and microphone, as well as reliable internet access.

## Therapists Specializing in Women's Mental Health

These are mental health providers who specialize in counseling (also called psychotherapy). Therapy may be individual, groups or couple's.

### ORANGE COUNTY

---

#### **Linda Belt, LCSW – Individual Psychotherapy\***

949-643-1664

1001 Dove St., Suite 110, Newport Beach, CA 92660

Accepts most major insurances

#### **Laura Navarro Pickens, LCSW**

562-882-7901 | Newport Beach

#### **Shoshana Bennett, PhD**

310-305-5040 | drshosh@sbcglobal.net | <http://drshosh.com>

Near Irvine/Laguna Hills | Phone and webcam therapy as well.

#### **Kate O'Shaugnessy-Nulty, LCSW\***

562-572-3143 | [katenulty@me.com](mailto:katenulty@me.com)

5242 Katella Ave., Suite 106, Los Alamitos, CA 90720

## LOS ANGELES

---

### **Susan Bordon, LCSW at Well Psyche Medical Group\***

310-871-0670 | [sbordon@susanbordontherapy.com](mailto:sbordon@susanbordontherapy.com)  
[www.susanbordontherapy.com](http://www.susanbordontherapy.com) Hermosa Beach

### **Tara Farajian, LCSW**

562-650-0474 | [tara@timotherhood.com](mailto:tara@timotherhood.com) | [timotherhood.com](http://timotherhood.com)  
Signal Hill

### **Amy Lappen, PhD – Pacific Resources Psychological Group\***

562-988-1000 ext. 152 for intake, choose option 0  
4201 Long Beach Blvd., Suite 230, Long Beach 90807

### **Alicia MacGowan, LCSW**

310-508-9531 | <http://recoverynowla.com/>  
Hermosa Beach and Torrance

### **Stephanie Morales, LMFT**

310-798-9000  
[stephaniemoralesmft@hotmail.com](mailto:stephaniemoralesmft@hotmail.com)  
<http://www.mothernurturecenter.com> | Redondo Beach

### **Amy Pesceone, LCSW**

310-480-8362 | [info@amypesceone.com](mailto:info@amypesceone.com)  
<http://www.amypesceone.com> | Hermosa Beach, Los Alamitos

## Therapists Specializing in CBT/DBT

These are specific modalities of counseling (psychotherapy) that focus on various mental health conditions. Cognitive Behavioral Therapy (CBT) for example is best suited for depression and anxiety, however it is successfully used for many other conditions. Dialectical Behavioral Therapy (DBT) is extremely helpful for patients struggling with borderline personality traits. These forms of counseling tend to be time-limited and problem-focused.

## COGNITIVE BEHAVIORAL THERAPY (CBT)

### **CBT California**

800-624-1475 | <http://www.cbtcalfornia.com>

Reduced fee clinic for eligible clients.

### **Anxiety and Depression Center**

Dennis Greenberger, PhD | 949-222-2848

<http://www.anxietyanddepressioncenter.com> | Newport Beach.

### **Linda Belt, LCSW – Individual Psychotherapy\***

949-643-1664

1001 Dove St., Suite 110, Newport Beach, CA 92660

Accepts most major insurances.

### **Center for Behavior Medicine\***

562-945-5454

9200 Colima Rd., Suite 206, Whittier, CA 90065

## DIALECTICAL BEHAVIORAL THERAPY (DBT)

### **CBT California**

1-800-624-1475 | <http://www.cbtcalfornia.com>

Reduced fee clinic for eligible clients.

### **DBT Center of Los Angeles – Clearview Treatment Programs**

1-800-573-0770 | <http://www.clearviewtreatment.com/>

Residential, IOP, and OP programs for BPD, emotional dysregulation, dual diagnosis and primary addiction.

### **Harbor/UCLA Outpatient Psychiatry Clinic\***

310-222-3151 | Accepts some private insurance, Medicare,

Medi-Cal. [include symbols for Medicare and Medical]

# Home Visitation Programs – Orange County

## **Bridges-Maternal Child Health Network**

949-764-6153 | [bridgesprogram@hoag.org](mailto:bridgesprogram@hoag.org)

Monthly home visits. Assistance with parental education, breastfeeding, newborn care, community resources, home safety, child development.

## **MOMS Orange County**

714-972-2610

Monthly home visits and classes. Provides prenatal and infant health screenings, breastfeeding support, infant development screenings, education, support and referrals.

Serves pregnant women and their babies up to one year postpartum.

## **Nurse Family Partnership – Orange**

714-771-8085

Home visits for screening and education. Serves First Time mothers. Up to one year postpartum. New Mother's Groups.

# Low Cost Psychotherapy/ Counseling

## **Newport Community Counseling Center**

949-721-8079

<http://www.newportcommunitycounselingcenter.org/>

Low Cost/Sliding Scale Individual psychotherapy and support groups.

# General Adult Psychiatrists

Some of these physicians may have additional training in Child Psychiatry, Addiction Psychiatry, Geriatric Psychiatry, Forensic Psychiatry or Hospital Psychiatry (Psychosomatic Medicine). Services may include medication management and/or psychotherapy (also known as counseling)

## ORANGE COUNTY

---

### COSTA MESA

#### **Well Psyche Medical Group\***

Dr. Adel Mostafavi | 424-354-8157  
600 Anton Blvd., Plaza Tower I, 11th Floor, Costa Mesa, CA 92626

#### **Well Psyche Medical Group\***

Dr. Sandra Hah | 424-373-4441  
600 Anton Blvd., Plaza Tower I, 11th Floor, Costa Mesa, CA 92626

#### **South Coast Psychiatry (Concierge Psychiatry)**

714-556-5004  
950 South Coast Drive, Suite 235, Costa Mesa, CA 92626  
[www.southcoastpsychiatry.com](http://www.southcoastpsychiatry.com)

### FULLERTON

#### **Hina Sidhu, MD**

714-905-5542  
1400 N Harbor Blvd., Suite 540, Fullerton, CA 92835

### IRVINE

#### **Yuhuan Choy, MD**

Provides Medication Management and Cognitive Behavioral Therapy  
949-216-8962  
4199 Campus Dr., Suite 550, Irvine, CA 92612



## **LAGUNA BEACH**

### **Michael Bolton, MD**

949-939-5139

330 Park Ave., Suite 7, Laguna Beach, CA 92651

## **LAGUNA HILLS**

### **Chip Stone, MD\***

949-42-HELPS | info@drchipstone.com

23046 Avenida De La Carlota, Laguna Hills, CA 92653

## **LAGUNA NIGUEL**

### **Laguna Behavioral\***

949-367-1200 | Outpatient Behavioral Health

28281 Crown Valley Pkwy., Suite 140, Laguna Niguel, CA 92677

Does not provide medication management, only psychotherapy, to pregnant patients.

### **Southern California Psychiatric Associates\***

Richard Granese, MD | 949-489-5564

30101 Town Center Dr., Suite 113, Laguna Niguel, CA 92677

## **MISSION VIEJO**

### **Orange Coast Psychiatric Associates\***

Scott Ipirescu, MD | 949-446-1036

27401 Los Alots, Suite 310, Mission Viejo, CA 92691

## **NEWPORT BEACH**

### **Harbor Psychiatry & Mental Health\***

Dr. Gisoo Zarrabi | 949-887-7187

Newport Beach, CA 92660

### **Sydea Medical Practices, Inc.\***

Venice Sanchez, MD | 949-281-6149

20311 S.W. Birch St., Suite 100, Newport Beach, CA 92660

### **Ryan Wright, MD\***

949-337-1389

20311 S.W. Birch St., Suite 100, Newport Beach, CA 92660

**Simone Litsch, MD\***

925-202-4176

120 Newport Center Dr., Newport Beach, CA 92660

**Mind Health Institute**

Offices in Newport Beach, Mission Viejo, Laguna Beach  
and Los Angeles

949-891-0307 | [www.mhi-nb.com](http://www.mhi-nb.com)

450 Newport Center Dr., Suite 380, Newport Beach, CA 92660

**Anthony Mascola, MD**

949-536-9850

4667 MacArthur Blvd., Suite 320, Newport Beach, California 92660

**Sina Safanieh, MD**

Adult, Child and Adolescent Psychiatry

949-216-3135

1001 Dove St., Suite 280, Newport Beach, CA 92660

**Lesley A. MacArthur, MD**

Adult, Child and Adolescent Psychiatry

949-381-5116

1001 Dove St., Suite 275, Newport Beach, CA 92660

**OC Psychiatric Therapy**

Gail Raphael, MD | 949-245-6698

15 Corporate Plaza, Suite 100, Newport Beach, CA 92660

**Lawrence V. Tucker, MD, PLLC**

949-257-4217

4000 MacArthur Blvd., Suite 600, E. Tower, Newport Beach, CA 92660

**Dan Ar Tzuang, MD**

949-229-8565

1101 Dove St., Suite 155, Newport Beach, CA 92660

**SAN CLEMENTE**

**Well Psyche Medical Group\***

Randall Bailey, MD | 424-373-4408

501 N El Camino Real, Suite 200, San Clemente, CA 92672

## TUSTIN

### **Southern California Psychiatric Associates\***

Richard Granese, MD | 949-489-5564  
14351 Red Hill Ave., Suite C, Tustin, CA 92780

### **Kenneth Sokolski, MD\***

949-863-1943 | [www.ocpsychiatrist.net](http://www.ocpsychiatrist.net) | Blue Shield Blue Cross

### **OCPAM (Orange County Psychiatry and Addiction Medicine)\***

949-515-7300 | Takes adults currently enrolled in a treatment facility.

## YORBA LINDA

### **Center For Behavior Medicine\***

Jianpeng Wang, MD | 714-248-0470  
17451 Bastanchury Rd., Suite 201, Yorba Linda, CA 92886

## LOS ANGELES

---

## BEVERLY HILLS/ WEST LOS ANGELES

### **Genen Group\***

310-892-4284 | <https://thegenengroup.com>  
West Hollywood | Anthem Blue Cross, Blue Shield, United, Aetna,  
Cigna – Not Covered California.

### **Julia Lam, MD\***

310-826-3180 | West Los Angeles, Sawtelle  
Blue Cross, Blue Shield, Aetna.

### **Steven Schenkel, MD\***

310-659-8884  
116 N. Robertson Blvd., Suite 806, Los Angeles, CA  
Blue Cross PPO

### **Frank Tan, MD\***

310-826-3180 | West Los Angeles  
Blue Cross, Blue Shield, Aetna, Cigna, UBH.

## **SAN FERNANDO VALLEY**

### **Marcia Daniels, MD\***

818-995-7848 | 16055 Ventura Blvd., Suite 805, Encino, CA 91436  
Anthem Blue Cross and Wellpoint, limited Value Options, Blue Shield, some Healthnet plans, United Healthcare, UBH, USBH, UC Care.

### **Troy Goldberg, MD\***

818-256-6700 | 16055 Ventura Blvd., Suite 700, Encino, CA 91436  
Blue Cross (all plans), Blue Shield (limited plans), Optum (all plans), United Healthcare, United Behavioral Health, PacificCare.

### **Boghos Yerevanian, MD\***

818-223-9277 | 16055 Ventura Blvd., Suite 645, Encino, CA 91436  
Accepts Anthem Blue Cross and Medicare.

## **TORRANCE**

### **David Ruderman, MD\***

310-784-7224  
22330 Hawthorne Blvd., Suite 212, Torrance, CA 90505

# TMS (Transcranial Magnetic Stimulation)

## ORANGE COUNTY

---

### **TMS Health and Wellness\***

Mehera Halliwell, MD

855-313-2611

4100 Newport Place Dr., Suite 730, Newport Beach, CA 92660

## LOS ANGELES

---

### **Kira Stein, MD\***

818-990-5901 | <http://westcoastlifecenter.com> | Sherman Oaks

Offers individual psychotherapy, psychopharmacology,

TMS – treatment resistant depression.

### **TMS Los Angeles\***

310-825-7471

<http://www.tmslosangeles.com/UCLATMSTeam.html>

UCLA Westwood

### **Mindy Werner-Crohn, MD\***

818-921-4300 ext. 2

<http://www.calabasasbehavioralhealth.com/index.php>

Calabasas

# Notes





**hoag**

Women's Health  
Institute