

Referral Phone Lines

ORANGE COUNTY MENTAL HEALTH REFERRAL LINE

Orange County Mental Health Programs. They can connect you to services such as outpatient mental health, inpatient and crisis intervention, substance abuse/rehabs, post-partum wellness program, home-visitation programs, mental health services for seniors and children.

For Patients: Call 855-OC-LINKS (855-625-4657)

For Providers: To obtain brochures call 714-834-2077 or email JAustin@ochca.com

POSTPARTUM SUPPORT INTERNATIONAL

1-800-944-4773 | <http://postpartum.net>

International organizations that provide referrals for group and individual therapy, and for psychiatrists to women with postpartum disorders. Orange County Coordinator: Marissa Zwetow

HOAG MATERNAL MENTAL HEALTH SUPPORT LINE

949-764-5333 | Monday-Friday, 9 a.m. – 5 p.m.

Answered by a clinical navigator, this support line will help maternity patients struggling with depression or anxiety connect to mental health providers (counselors, psychotherapists, psychiatrists, support groups, residential treatment, home visitation programs, and online resources) in the community.