



HOAG MEMORIAL HOSPITAL PRESBYTERIAN
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Hoag Continues to Assess Health of Former NFL Players

NEWPORT BEACH, Calif., July 25, 2017 --- The Trust (Powered by the NFLPA) recently announced the launch of the Milestone Wellness Assessment. This new assessment was designed to round out The Trust's Medical/Wellness services by providing a comprehensive health assessment administered by a team of highly regarded medical partners to players who are more than 15 years removed from playing in the NFL.

Bahati VanPelt, Executive Director of The Trust said, "We've spent the past three years listening to our former player population. An assessment created specifically for this segment of players became apparent early on. Working closely with our medical providers, we designed the Milestone Wellness Assessment to focus on internal medicine concerns which can arise as males get older."

The Milestone Wellness Assessment is a set of comprehensive screenings, including but not limited to: hypertension/high blood pressure, diabetes, cardiovascular profile, orthopedic and body composition. As with The Trust's Brain and Body Assessment, Milestone Wellness Assessments will be administered by the following medical partners of The Trust, Cleveland Clinic, [Hoag Neurosciences Institute](#), Tulane Institute of Sports Medicine and the University of North Carolina at Chapel Hill.

"[Hoag](#) is pleased and privileged to partner in this crucial collaboration to help ensure access for former NFL players to outstanding medical care following their careers," said [Michael Brant-Zawadzki, M.D., F.A.C.R.](#), senior physician executive at Hoag Memorial Hospital Presbyterian, and the Ron and Sandi Simon Executive Medical Director Endowed Chair of the Hoag Neurosciences Institute. "As the West Coast satellite location for our efforts together with the Cleveland Clinic, we are able to optimize the health of former NFL players through a proactive approach using the most advanced diagnostic capabilities and clinical expertise available. The Milestone Wellness Assessment will enable Hoag to expand the level of high-quality care made possible through The Trust to former players."



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Once the assessments are completed, medical partners will provide the former player with recommendations containing a plan of action the former player can follow to ensure continuity of care at home. Annual follow ups with their personal primary care physician or specialist will be recommended. As with all of The Trust's programs and services, a former player must have a minimum of 2 credited seasons to participate in the assessment.

Former players who are interested in activating their benefits and/or learning more about the Milestone Wellness Assessment contact The Trust via phone (866) 725-0063, email info@playerstrust.com or website <http://playerstrust.com/get-started>.

ABOUT HOAG MEMORIAL HOSPITAL PRESBYTERIAN

Hoag is an approximately \$1 billion nonprofit, regional health care delivery network in Orange County, California, that treats more than 29,000 inpatients and 305,000 outpatients annually. Hoag consists of two acute-care hospitals – Hoag Hospital Newport Beach, which opened in 1952, and Hoag Hospital Irvine, which opened in 2010 – in addition to seven health centers and ten urgent care centers. Hoag is a designated Magnet[®] hospital by the American Nurses Credentialing Center (ANCC). Hoag offers a comprehensive blend of health care services that includes five institutes providing specialized services in the following areas: [cancer](#), [heart and vascular](#), [neurosciences](#), [women's health](#), and orthopedics through Hoag's affiliate, [Hoag Orthopedic Institute](#), which consists of an orthopedic hospital and two ambulatory surgical centers. In 2013, Hoag entered into an alliance with St. Joseph Health to further expand health care services in the Orange County community, known as St. Joseph Hoag Health. Hoag has been named one of the Best Regional Hospitals in the 2016 - 2017 *U.S. News & World Report*, and *Becker's Hospital Review* named Hoag as one of the 2016 "100 Great Hospitals in America" – a designation Hoag has received four times. National Research Corporation has endorsed Hoag as Orange County's most preferred hospital for the past 20 consecutive years and, for an unprecedented 21 years, residents of Orange County have chosen Hoag as one of the county's best hospitals in a local newspaper survey. Visit www.hoag.org for more information.

ABOUT HOAG NEUROSCIENCES INSTITUTE

Delivering a personalized, integrated approach using best-practice guidelines, the most advanced technology, and integration of medical specialists in the most appropriate facilities, Hoag Neurosciences Institute provides the highest quality care for patients with brain and spine disorders including stroke, aneurysms and vascular malformations, brain tumors, epilepsy, movement disorders, memory and cognitive disorders, pain, minimally invasive spine surgery, multiple sclerosis, addiction medicine and sleep disorders, as well as the mind-body interface of behavioral health. Several of Hoag's neuroscience programs have received high acclaim, including Hoag's stroke program, which was the first hospital in Orange County and the second in California to be named a Certified Comprehensive Stroke Center by DNV GL Healthcare and was awarded the American Stroke Association's Get With The Guidelines Stroke Gold Plus Performance Achievement for Hoag's high standard of stroke care. And as one of the first centers in the U.S. to offer the most advanced radiosurgical treatment system available, Leksell Gamma Knife[®] Perfexion[™], Hoag's brain tumor program is the largest in Orange County and is also among the



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top volume programs in the western United States.

ABOUT THE TRUST (POWERED BY THE NFLPA)

The Trust is a set of resources, programs and services designed to provide former players with the support, skills and tools to help ensure success off the field and in life after football. The Trust emerged from the commitment of the National Football League Players Association (NFLPA) and its members to ensure that players are provided access to benefits and services that assist in their success beyond the game of football. It culminates the hard-fought efforts of past and present CBA battles to better serve former NFL players. For more information, visit <http://www.playerstrust.com>

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