

Community Resources for Women's Mental Health



Women's Health
Institute

Dear Hoag Patient,

This resource is a compilation of publicly available information about local resources for Mental Health. The list of resources is not exhaustive and is for reference only. While every reasonable effort has been made to include accurate and current information, Hoag cannot be held responsible for any errors or omissions in the information, so please be sure to check your insurance directory for current information on contracted providers or call the provider to confirm insurance eligibility.

In addition, an individual's or an organization's inclusion in this resource does not represent an endorsement by Hoag (unless Hoag is expressly providing the service).

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Mental Health Resources at Hoag

MELINDA HOAG SMITH CENTER FOR HEALTHY LIVING

307 PLACENTIA AVE., NEWPORT BEACH, CA 92663

Mental Health Center

949-764-6542 | www.hoag.org/mental-health

307 Placentia Ave., Suite 100B, Newport Beach, CA 92663

This is a full-service program for low income uninsured or underinsured people. The Center offers individual, couple, family and group psychotherapy. Women's services include empowerment support groups and maternal mental health. Affordable for individual, family and couples counseling. Client fees are based on a low sliding scale. No one will be turned away due to lack of funding. Services in English, Spanish and Farsi. Office hours are Monday-Friday, 9 a.m. – 7 p.m.

949-764-5394 | Miriam Henderson, MSW

Miriam provides psychotherapy in English and Spanish and focuses on maternal mental health.

Costa Mesa Family Resource Center

949-764-8100

307 Placentia Ave., Suite 203, Newport Beach, CA 92663

The Family Resource Center offers a variety of Skills groups, Support Groups, Family Counseling services, and Classes for the residents of Costa Mesa and Newport Beach.

HOAG'S POSTPARTUM ADJUSTMENT SUPPORT GROUP

949-764-2229 | Call the Babyline for more information.

This free, ongoing support group focuses on teaching positive coping skills and providing support and education. Facilitated by Laura Navarro Pickens, LCSW.

HOAG MATERNAL MENTAL HEALTH SUPPORT LINE

949-764-5333 | Tuesday and Thursday from 12 p.m. – 4:30 p.m.

Answered by a clinical navigator, this support line will help maternity patients struggling with depression or anxiety connect to mental health providers (counselors, psychotherapists, psychiatrists) in the community.

HOAG FOR HER CENTER FOR WELLNESS

949-557-0190 | Stephanie Buehler, MPW, PsyD, CST-S
Dr. Buehler is a licensed psychologist and AASECT-Certified Sex Therapist. Dr. Buehler specializes in couples with infertility, and couples in the post-partum period recover sexual function and pleasure.

TEEN BRAIN

949-764-8333
Teen Brain offers psychological testing coupled with neurological, psychiatric, and psychological evaluations conducted by a collaborative team of top-tier adolescent specialists to definitively diagnose children and teens with mental health concerns. Upon completion of their individual evaluations, the doctors meet together to jointly diagnose the patient based on the team's collective findings. The entire Teen Brain team then meets with the family to discuss their findings and create a personalized course of treatment.

AFTER-SCHOOL PROGRAM INTERVENTIONS AND RESILIENCY EDUCATION (ASPIRE)

949-764-8333
Hoag offers the acclaimed After-School Program Interventions and Resiliency Education (ASPIRE), an evidence-based intensive outpatient program to treat teen anxiety, depression and other mental health conditions. ASPIRE offers teens and their families practical tools to overcome current mental health concerns and effectively navigate future challenges. The multidisciplinary treatment team combines education and multiple counseling and training modalities to prepare teens with healthy coping strategies.

Referral Phone Lines

ORANGE COUNTY MENTAL HEALTH REFERRAL LINE

Orange County Mental Health Programs. They can connect you to services such as outpatient mental health, inpatient and crisis intervention, substance abuse/rehabs, post-partum wellness program, home-visitation programs, mental health services for seniors and children.

For Patients: Call 855-OC-LINKS (855-625-4657)

For Providers: To obtain brochures call 714-834-2077 or email JAustin@ochca.com

POSTPARTUM SUPPORT INTERNATIONAL

949-246-5062 | <http://postpartum.net>

International organizations that provide referrals for group and individual therapy, and for psychiatrists to women with postpartum disorders. Orange County Coordinator: Elisabeth Farnsworth

HOAG HOSPITAL BABYLINE

949-764-2229 for additional information on local mental health referrals.

HOAG MATERNAL MENTAL HEALTH SUPPORT LINE

949-764-5333 | Tuesday and Thursday, 12 p.m. – 4:30 p.m.

Answered by a clinical navigator, this support line will help maternity patients struggling with depression or anxiety connect to mental health providers (counselors, psychotherapists, psychiatrists) in the community.

Helpful Websites

POSTPARTUM SUPPORT INTERNATIONAL

<http://postpartum.net>

International network of individuals and organizations whose purpose is to increase awareness among public and professionals about pregnancy- and postpartum-related psychiatric disorders. Provides referrals for group and individual therapy, and for psychiatrists to women with postpartum disorders. Please review the website to find your Orange County Coordinator.

MASSACHUSETTS GENERAL HOSPITAL CENTER FOR WOMEN'S MENTAL HEALTH

www.womensmentalhealth.org

This is a comprehensive website providing information about women's mental health.

MOTHERISK

www.motherisk.org

Canadian organization that provides information on safety and risks of drugs in pregnancy and lactation, and about alcohol and other substance use in pregnancy.

NORTH AMERICAN MENOPAUSE SOCIETY

www.menopause.org

Nonprofit organization promoting women's health during midlife and beyond, with special focus on menopausal health.

POSTPARTUM DAD

<http://www.postpartumdads.org>

This website is intended to help dads and families by providing firsthand information and guidance through the experience of PPD. This site also includes information and resources that can be used by professionals to assist families dealing with PPD.

2020 MOM

www.2020mom.org

This website is dedicated to closing the gaps in maternal mental health care through education, advocacy, and collaboration.

Women's Mental Health Programs in Southern California

These are **comprehensive** Women Mental Health Clinics, usually affiliated with a University or with County Programs. They offer medication management psychotherapy, support groups, classes and case management.

ORANGE COUNTY

St. Joseph's Caring for Women with Maternal Depression Program* ** ***

714-771-8101

St. Joseph Hospital | 1100 W. Stewart Dr., Orange, CA 92868

Most insurances, also Medi-Cal and CalOptima.

Orange County Postpartum Wellness Program OCPPW

714-480-5160

792 W. Town & Country Rd., Bldg E., Orange, CA 92868

Services in English, Spanish, Vietnamese and Farsi.

Free, no insurance required.

The New Mom School

www.newmomschool.com | hello@newmomschool.com

Free weekly support group for pre and post-partum depression / anxiety (Tuesdays 2:00 pm)

LOS ANGELES

UCLA Women's Life Center*

310-825-9989 | <http://www.semel.ucla.edu/mood/womens-life>
Westwood, Los Angeles.

UCLA Perinatal Mental Health Partial Program

310-825-4138 | Nataly Cohen

Partial Hospitalization Program and Intensive Outpatient Program

Maternal Wellness Center at USC and The New Family Care Clinic*

323-409-5370 | Downtown Los Angeles

Huntington Memorial Hospital Maternal Wellness Program*

626-397-2330 | <http://www.huntingtonhospital.com/Main>

[PostpartumDepression.aspx](#) | Pasadena, Los Angeles

Intensive outpatient program for postpartum depression.

Community Hospital Long Beach inpatient*

855-245-2443 and 562-494-9388

<http://www.memorialcare.org/services/mental-health/mental-health-community-hospital-long-beach/perinatal-mood-and-anxiety>
General, adult psychiatric hospital with one bed assigned for postpartum depression. Ask for Elizabeth Mcgee.

Menopause Program at Cedars-Sinai.

Director: Chrisandra Shufelt, MD, MS, FACP | 310-423-9960
8631 West Third St., Suite 740, E. Los Angeles, CA 90048

SAN DIEGO

UC San Diego Maternal Mental Health Program*

858-534-8730 or call center: 858-534-7792

<http://health.ucsd.edu/specialties/obgyn/maternity/newborn/maternal-mental-health/Pages/resources.aspx> | San Diego

Reproductive Psychiatrists

These are physicians who specialize in Women's Mental Health. They provide psychiatric services to women struggling with mental health conditions during pregnancy, post-partum, menopause, infertility, pregnancy loss and menses. Services may include medication management and/or psychotherapy (also known as counseling).

ORANGE COUNTY

Bettina Franz, MD

949-680-2700 | <http://www.bfranzmd.com>
6B Liberty Plaza, Suite 110, Aliso Viejo, CA 92656

Venice Sanchez, MD*

949-345-5990
Accepts insurance

Genevieve Yu, MD

949-333-0446

Alexis Meshi, MD

949-222-9922

Gisoo Zarrabi, MD* – Harbor Psychiatry & Mental Health

949-887-7187 | www.harbormentalhealth.com

Accepts most insurance

Sonya Rasminsky, MD

949-734-4912 | www.sonyarasminsky.com

4667 MacArthur Blvd., Suite 320, Newport Beach, CA 92660

General psychiatry and women's mental health

SAN DIEGO

Leslie Tam Craig, MD

619-994-7911 | San Diego

LOS ANGELES

LONG BEACH / SEAL BEACH

Vivien Burt, MD

310-562-4942 | <http://drvivienburt.com>

Long Beach and Westwood

SOUTH BAY

Elizabeth Cowart, MD

310-908-1083 | Manhattan Beach

Michelle Furuta, MD

310-738-2228 | michelle@furutamd.com | www.furutamd.com

Torrance

Ellen Sherman, MD*

310-375-2524 or 310-530-1700 | Torrance

Insurance accepted: Blue Cross, Blue Shield and Aetna

Rita Suri, MD

310-880-6756 | Redondo Beach

BEVERLY HILLS AND WEST HOLLYWOOD

Stacey Bernstein – Haas, MD

310-733-7212 | stacey@bernstein-haasmd.com
<http://www.bernstein-haasmd.com> | Beverly Hills

BRENTWOOD/WESTWOOD/WEST LOS ANGELES

Erin Murphy-Barzilay, MD

310-633-1352 | <http://emurphybarzilay.weebly.com> | Westwood

Robin Berman, MD

310-826-4321 | www.permissiontoparent.net
11611 San Vicente Blvd., Suite 1020, Los Angeles, CA 90049

Caryn Bernstein, MD

310-867-3116 | Westwood

Vivien Burt, MD

310-562-4942 | <http://drvivienburt.com/>
Westwood and Long Beach

Stacy Cohen, MD

323-813-6463 | <http://stacycohenmd.com/home.html>
10780 Santa Monica Blvd., Suite 120, Los Angeles, CA, 90025
Women's mental health, addiction

Jolene Sawyer, MD

310-600-5110 | jolenesawyermd@gmail.com
11980 San Vicente Blvd., Suite 711, Los Angeles, CA 90049

Merrill Sparago, MD

310-470-7076

Jennifer Yashari, MD

310-857-8240 | <http://jenniferyasharimd.com> | Westwood

Stephanie Zisook, MD

310-208-6460 | <http://www.drzisook.com> | Westwood

Lori Zukerman, MD

310-699-6001 | West Los Angeles

SANTA MONICA

Kelly Foster, MD

310-403-2647

Josephine McNary, MD

310-806-0891 | Santa Monica

Jolene Sawyer, MD

310-600-5110 | jolenesawyermd@gmail.com

SAN FERNANDO VALLEY

Kira Stein, MD

818-990-5901 | <http://westcoastlifecenter.com>

Offers TMS – treatment resistant depression | Sherman Oaks

Marina Lensky, MD

310-737-8524 | 16661 Ventura Blvd., Suite 441, Encino, CA

Kal Maniktala, MD

818-995-1041 | Sherman Oaks

Mary Moebius, MD

818-776-8705 | Tarzana

Mindy Werner-Crohn, MD*

818-921-4300 ext. 2

<http://www.calabasasbehavioralhealth.com/index.php>

Calabasas | Offers TMS for treatment resistant depression.

Accepts Anthem only

Jack Wu, MD and Elizabeth Nakamura, MD

818-693-1431 | <http://www.calabasas-psychiatrist.com>

Calabasas and Encino

MIRACLE MILE

Eleanor Curry, MD

323-393-0229

Julie Gedden, MD

310-383-2026 | juliegeddenmd@gmail.com

Melissa Sullivan, MD

310-526-8535

http://www.melissasullivanmd.com/Melissa_Sullivan,_MD/Welcome.html

PASADENA

Emily Dosset, MD

626-660-6574 | http://www.edossetmd.com/Home_Page.html

Lilit Pogolian, MD

310-220-5463 | <http://www.lilitpogolianmd.com>

General Therapists

These are mental health providers who specialize in counseling (also called psychotherapy). Therapy may be individual or groups.

Cigdem Coyle, PsyD

949-342-6953

ocpsychologistdrcocyle.com

Specializes in cancer patients

Deeann Peterson, MFT

949-529-5508

Accepts Blue Shield and Caloptima/Magellan

Uses CBT

Has evening and weekend appointments

Linda Maerov, LCSW

949-610-9915

Accepts Blue Shield, Cigna, Caloptima/Magellan

Uses CBT

Eve Lievonen, PhD

949-436-0861

Accepts most insurance, including Caloptima/Magellan

Uses CBT

Leela Magavi, MD (coming in August 2017)

844-423-3930

Accepts most insurance, including managed MediCal

Alexandra M Chiara, PhD

949-300-4727

Speaks Spanish

Sara Sanchez, PsyD

949-328-7180

Speaks Spanish

Gretchen Weisenburger, LMFT

949-200-6821

Speaks Spanish

Asal Larry, MFT

949-395-8246

Speaks Farsi

Elham Aboudemzeh, PsyD

949-556-9886

Speaks Farsi

Tracy Kuo, Ph.D

949-385-2020 | Newport Beach

Speaks Mandarin

Dr. Irene Sun

714-841-7437

Speaks Mandarin

Dr. Katherine Ko

949-342-5914

Speaks Mandarin

Dr. Amy Lam

949-337-1371

Speaks Mandarin

Stephen Wong, LMFT

626-478-3426

Speaks Mandarin

Women's Mental Health Therapists

These are mental health providers who specialize in counseling (also called psychotherapy) for women. Therapy may be individual, groups or couple's.

ORANGE COUNTY

Laura Navarro Pickens, LCSW

562-882-7901 | Newport Beach

Shoshana Bennett, PhD

212-330-8007 | drshosh@sbcglobal.net | <http://drshosh.com>
Near Irvine/Laguna Hills | Phone and webcam therapy as well.

Kate O'Shaugnessy-Nulty, LCSW*

562-572-3143 | katenulty@me.com
5242 Katella Ave., Suite 106, Los Alamitos, CA 90720

Elisabeth Farnsworth, MFT

949-246-5062 | Costa Mesa

Alicia Duzman, Ph.D

949-378-4882 | San Clemente

Miriam Henderson, MSW

949-764-5394 | Newport Beach

Enas Elshiwick, Psy D., MFT & Mary-Louise Henson, MFT – Laguna Behavioral*

949-367-1200 | Laguna Niguel
Accepts insurance

Marissa Zwetow, MFT*

949-424-3034 | Laguna Hills
Accepts insurance

LOS ANGELES

Susan Bordon, LCSW at Well Psyche Medical Group*

310-871-0670 | sbordon@susanbordontherapy.com
www.susanbordontherapy.com Hermosa Beach

Tara Farajian, LCSW

562-650-0474 | tara@timotherhood.com | timotherhood.com
Signal Hill

Amy Lappen, PhD – Pacific Resources Psychological Group*

562-988-1000 ext. 152 for intake, choose option 0
4201 Long Beach Blvd., Suite 230, Long Beach 90807

Alicia MacGowan, LCSW

310-508-9531 | <http://recoverynowla.com/>
Hermosa Beach and Torrance

Stephanie Morales, LMFT

310-798-9000
stephaniemoralesmft@hotmail.com
<http://www.mothernurturecenter.com> | Redondo Beach

Amy Pesceone, LCSW

310-480-8362 | info@amypesceone.com
<http://www.amypesceone.com> | Hermosa Beach, Los Alamitos

CBT/DBT

These are specific modalities of counseling (psychotherapy) that focus on various mental health conditions. Cognitive Behavioral Therapy (CBT) for example is best suited for depression and anxiety, however it is successfully used for many other conditions. Dialectical Behavioral Therapy (DBT) is extremely helpful for patients struggling with borderline personality traits. These forms of counseling tend to be time-limited and problem-focused.

COGNITIVE BEHAVIORAL THERAPY (CBT)

CBT California

800-624-1475 | <http://www.cbtcalfornia.com>

Reduced fee clinic for eligible clients.

Anxiety and Depression Center

Dennis Greenberger, PhD | 949-222-2848

<http://www.anxietyanddepressioncenter.com> | Newport Beach.

Center for Behavior Medicine*

562-945-5454

9200 Colima Rd., Suite 206, Whittier, CA 90065

Cigdem Coyle, PsyD

949-342-6953

ocpsychologistdrcogle.com

DIALECTICAL BEHAVIORAL THERAPY (DBT)

CBT California

1-800-624-1475 | <http://www.cbtcalfornia.com>

Reduced fee clinic for eligible clients.

DBT Center of Orange

949-480-7767 | www.dbtcenteroc.com

DBT Center of Los Angeles – Clearview Treatment Programs

1-800-573-0770 | <http://www.clearviewtreatment.com/>

Residential, IOP, and OP programs for BPD, emotional dysregulation, dual diagnosis and primary addiction.

Harbor/UCLA Outpatient Psychiatry Clinic* ** ***

310-222-3151 | Accepts some private insurance, Medicare, Medi-Cal.

Home Visitation Programs – Orange County

Bridges-Maternal Child Health Network

949-764-6153 | bridgesprogram@hoag.org

Monthly home visits. Assistance with parental education, breastfeeding, newborn care, community resources, home safety, child development.

MOMS Orange County

714-972-2610

Monthly home visits and classes. Provides prenatal and infant health screenings, breastfeeding support, infant development screenings, education, support and referrals.

Serves pregnant women and their babies up to one year postpartum.

Nurse Family Partnership – Orange

714-771-8085

Home visits for screening and education. Serves First Time mothers. Up to one year postpartum. New Mother's Groups.

OC Postpartum Wellness Program (OCPPW)

714-480-5160

<http://ochealthinfo.com/bhs/about/pi/early/ppw>

Provides an array of mental health services to women who are at least five months pregnant and new mothers up to one year after childbirth.

Low Cost Psychotherapy/ Counseling

Melinda Hoag Smith Center for Healthy Living

949-764-6542 | www.hoag.org/mental-health

Affordable for individual, family and couples counseling. Client fees are based on a low sliding scale. No one will be turned away due to lack of funding.

General Adult Psychiatrists

Some of these physicians may have additional training in Child Psychiatry, Addiction Psychiatry, Geriatric Psychiatry, Forensic Psychiatry or Hospital Psychiatry (Psychosomatic Medicine). Services may include medication management and/or psychotherapy (also known as counseling)

ORANGE COUNTY

COSTA MESA

South Coast Psychiatry (Concierge Psychiatry)

714-556-5004

950 South Coast Drive, Suite 235, Costa Mesa, CA 92626

www.southcoastpsychiatry.com

FULLERTON

Hina Sidhu, MD

714-905-5542

1400 N Harbor Blvd., Suite 540, Fullerton, CA 92835

IRVINE

Yuhuan Choy, MD

Provides Medication Management and Cognitive Behavioral Therapy

949-216-8962

4199 Campus Dr., Suite 550, Irvine, CA 92612

Roula Creighton, MD

General Psychiatrist

949-271-9533

4199 Campus Dr., Suite 550, Irvine, CA 92612

LAGUNA BEACH

Michael Bolton, MD

949-939-5139

330 Park Ave., Suite 7, Laguna Beach, CA 92651

LAGUNA HILLS

Chip Stone, MD*

949-42-HELPS | info@drchipstone.com

23046 Avenida De La Carlota, Laguna Hills, CA 92653

LAGUNA NIGUEL

Laguna Behavioral*

949-367-1200 | Outpatient Behavioral Health

28281 Crown Valley Pkwy., Suite 140, Laguna Niguel, CA 92677

Does not provide medication management, only psychotherapy, to pregnant patients.

Southern California Psychiatric Associates*

Richard Granese, MD | 949-489-5564

30101 Town Center Dr., Suite 113, Laguna Niguel, CA 92677

MISSION VIEJO

Orange Coast Psychiatric Associates*

Scott Ipirescu, MD | 949-446-1036

27401 Los Alots, Suite 310, Mission Viejo, CA 92691

NEWPORT BEACH

Harbor Psychiatry & Mental Health*

Dr. Gisoo Zarrabi | 949-887-7187

Newport Beach, CA 92660

Sydea Medical Practices, Inc.*

Venice Sanchez, MD | 949-281-6149

20311 S.W. Birch St., Suite 100, Newport Beach, CA 92660

Ryan Wright, MD*

949-337-1389

20311 S.W. Birch St., Suite 100, Newport Beach, CA 92660

Simone Litsch, MD*

925-202-4176

120 Newport Center Dr., Newport Beach, CA 92660

Jianpeng Wang, MD

714-248-0470

(Speaks Mandarin)

Dan Tzuang, MD

949-725-2205

(Speaks Mandarin)

Mind Health Institute

Offices in Newport Beach, Mission Viejo, Laguna Beach
and Los Angeles

949-891-0307 | www.mhi-nb.com

450 Newport Center Dr., Suite 380, Newport Beach, CA 92660

Anthony Mascola, MD

949-536-9850

4667 MacArthur Blvd., Suite 320, Newport Beach, California 92660

Sina Safanieh, MD

Adult, Child and Adolescent Psychiatry

949-216-3135

1001 Dove St., Suite 280, Newport Beach, CA 92660

Lesley A. MacArthur, MD

Adult, Child and Adolescent Psychiatry

949-381-5116

1001 Dove St., Suite 275, Newport Beach, CA 92660

OC Psychiatric Therapy

Gail Raphael, MD | 949-245-6698

15 Corporate Plaza, Suite 100, Newport Beach, CA 92660

Lawrence V. Tucker, MD, PLLC

949-257-4217

4000 MacArthur Blvd., Suite 600, E. Tower, Newport Beach, CA 92660

Dan Ar Tzuang, MD

949-229-8565

1101 Dove St., Suite 155, Newport Beach, CA 92660

TUSTIN

Southern California Psychiatric Associates*

Richard Granese, MD | 949-489-5564
14351 Red Hill Ave., Suite C, Tustin, CA 92780

Kenneth Sokolski, MD*

949-863-1943 | www.ocpsychiatrist.net | Blue Shield Blue Cross

OCPAM (Orange County Psychiatry and Addiction Medicine)*

949-515-7300 | Takes adults currently enrolled in a treatment facility.

YORBA LINDA

Center For Behavior Medicine*

Jianpeng Wang, MD | 714-248-0470
17451 Bastanchury Rd., Suite 201, Yorba Linda, CA 92886
Speaks Mandarin

LOS ANGELES

BEVERLY HILLS/ WEST LOS ANGELES

Genen Group*

310-892-4284 | <https://thegenengroup.com>
West Hollywood | Anthem Blue Cross, Blue Shield, United, Aetna,
Cigna – Not Covered California.

Julia Lam, MD*

310-826-3180 | West Los Angeles, Sawtelle
Blue Cross, Blue Shield, Aetna.

Steven Schenkel, MD*

310-659-8884
116 N. Robertson Blvd., Suite 806, Los Angeles, CA
Blue Cross PPO

Frank Tan, MD*

310-826-3180 | West Los Angeles
Blue Cross, Blue Shield, Aetna, Cigna, UBH.

SAN FERNANDO VALLEY

Marcia Daniels, MD*

818-995-7848 | 16055 Ventura Blvd., Suite 805, Encino, CA 91436
Anthem Blue Cross and Wellpoint, limited Value Options, Blue Shield, some Healthnet plans, United Healthcare, UBH, USBH, UC Care.

Troy Goldberg, MD*

818-256-6700 | 16055 Ventura Blvd., Suite 700, Encino, CA 91436
Blue Cross (all plans), Blue Shield (limited plans), Optum (all plans), United Healthcare, United Behavioral Health, PacificCare.

Boghos Yerevanian, MD*

818-223-9277 | 16055 Ventura Blvd., Suite 645, Encino, CA 91436
Accepts Anthem Blue Cross and Medicare.

TORRANCE

David Ruderman, MD*

310-784-7224
22330 Hawthorne Blvd., Suite 212, Torrance, CA 90505

TMS (Transcranial Magnetic Stimulation)

ORANGE COUNTY

TMS Health and Wellness*

Mehera Halliwell, MD

855-313-2611

4100 Newport Place Dr., Suite 730, Newport Beach, CA 92660

LOS ANGELES

Kira Stein, MD*

818-990-5901 | <http://westcoastlifecenter.com> | Sherman Oaks

Offers individual psychotherapy, psychopharmacology,

TMS – treatment resistant depression.

TMS Los Angeles*

310-825-7471

<http://www.tmslosangeles.com/UCLATMSTeam.html>

UCLA Westwood

Mindy Werner-Crohn, MD*

818-921-4300 ext. 2

<http://www.calabasasbehavioralhealth.com/index.php>

Calabasas



hoag

Women's Health
Institute