



Jeffrey M. Carlton
Heart & Vascular Institute

Safety Protocols for Returning to Hoag Cardiac Rehabilitation

The Jeffrey M. Carlton Heart & Vascular Institute is here for you during this unprecedented time. We want to ensure you feel safe as you return to Hoag Cardiac Rehabilitation. Following CDC guidelines, we have outlined the following protocols that Hoag has been following for all patients and staff during this time. We want to assure you that Hoag is safe to return to and that your ongoing care is important to maintain. As a leader in cardiovascular care, we put you and your health first.

- Patients will be seen by appointment only.
Please call to schedule an appointment.
Newport Beach: 949-764-5594
Irvine: 949-557-0150
- To ensure social distancing, only 10 patients per hour will be permitted, any equipment located less than 6 feet apart will not be utilized and all patients will be required to practice social distancing while in Cardiac Rehabilitation.
- No visitors will be allowed in Cardiac Rehabilitation at this time. Please contact us if you need assistance coming into the building.
- Prior to their first returning appointment, all patients will be called to be informed of these protocols.
- All patients will enter through the front door of 520 Superior Ave. or 16305 Sand Canyon will be screened. Screening includes reading your temperature and reviewing any COVID-like symptoms.
- Anyone who is ill or presents with COVID symptoms will not be permitted.
- All patients will be required to wear a face covering. If necessary, patients may remove their mask briefly during exercise. Please bring a face covering with you. If you do not have a face covering, one will be provided.
- All patients will be required to sanitize their hands prior to beginning their appointment as well as before and after the use of each piece of equipment.
- Equipment will also be thoroughly sanitized immediately after each patient use and marked as Clean/Sanitized with a green laminated placard.
- All Hoag staff are educated on the COVID-19 policies and protocols.
- Like patients, all staff will be screened prior to start of their shift and are required to wear face-coverings.