



Sandeep Thakkar, D.O.

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Dr. Thakkar earned his doctor of osteopathic medicine degree from Western University of Health Sciences in Pomona, California. He completed his medical internship at Mount Sinai in New York, followed by his neurology residency at Loma Linda University Medical Center in Loma Linda, California. He then did his fellowship training in movement disorders at University of California Los Angeles.

The primary focus of Dr. Thakkar's practice is patient-centered care for Parkinson's disease. He believes in providing academic-level care in a private clinical setting. Dr. Thakkar believes in the importance of creating a global awareness of the disease, and strives to stay current with all modalities of care throughout the movement disorders field, including conditions such as dystonias, chorea, Huntington's disease, essential tremor, Botulinum toxin therapy, spasticity, and other abnormal involuntary movements.

Dr. Thakkar works with multiple Parkinson's disease foundations throughout the area, including the Huntington's Disease Society of America - Orange County chapter and the International Essential Tremor Foundation. He is also involved with the Parkinson's Disease Research, Education and Clinical Center (PADRECC) at the United States Department of Veterans Affairs.

Dr. Thakkar has published numerous journal papers and done clinical research on the subjects of deep brain stimulation for the treatment of and the effects diet can have on Parkinson's disease, as well as the effects of certain drug therapies on mood and behavior.

