

Cucumber Water Recipes

Lemon & Cucumber Water

Ingredients:

- 1 gallon cold water
- 2-3 slices fresh lemon
- 2-3 slices cucumbers

Directions:

1. Place all the ingredients into a pitcher & serve.
2. For a stronger taste, let the water sit in your refrigerator for an hour before serving.

Recipe from Food.com



Cucumber-Orange Water

Ingredients:

- 6 cups cold water
- 6 thin slices English cucumber
- 5 thin slices orange

Directions:

Combine all ingredients in a large pitcher. Cover and chill in refrigerator for at least 30 minutes.

Recipe from chow.com

Cucumber-Mint Water

Ingredients:

- 4 fresh mint leaves
- 15 super thin slices cucumber
- 1 gallon filtered water

Directions:

Stir everything together in a glass pitcher. Add some ice or put it in the fridge. Let the flavors mingle for a time. If you crush your mint leaves in the water, you can drink it as soon as the water cools.

Variations:

- Add the juice of half a lemon or lime for extra tang.
- Add a few chunks of cut up summer melons like watermelon, cantaloupe or honey dew.
- Add a few slices of orange.

Recipe from foodrenegade.com