

Crunchy Jicama, Radish and Melon Salad

- **Yield:** 8 servings

Ingredients

- 3 cups thinly cut jicama
- 3 cups watermelon cubes
- 2 cups cantaloupe cubes
- 1 cup sliced radishes
- 3 tablespoons chopped fresh cilantro
- 2 tablespoons lime juice
- 1 tablespoon orange juice
- 1 tablespoon cider vinegar
- 1 tablespoon honey
- 2 tablespoons canola oil
- ½ teaspoon salt

Preparation

1. Combine jicama, watermelon, cantaloupe and radishes in large bowl: gently mix.
2. Whisk cilantro, oil, lime juice, orange juice, vinegar, honey and salt in small bowl until smooth and well blended. Add to salad: gently toss to coat evenly. Serve immediately.

Nutritional Information: Amount per Serving: Calories: 92

Fat: 4g Saturated fat: 1g Protein: 1g Carbohydrate: 15g

Fiber: 3g Cholesterol: 0.0mg Sodium 88 mg

