

Watermelon Lime Spritzer



Ingredients

4 cups diced watermelon, seedless

12 ounces sparkling lime seltzer water, unsweetened

2 limes

Optional: Monk fruit sugar or 2 droppers full of Stevia liquid

Total Time: 5 minutes

Directions

1. Place the diced watermelon in the freezer for about 2 hours.
2. Blend frozen, diced watermelon in a blender until smooth. Strain the juice if desired.
3. Add the juice of 1 lime and Stevia and blend until mixed well. Slice the other lime into wedges to garnish glasses.
4. Pour blended watermelon into 4 glasses (filling $\frac{3}{4}$ of the glass or $\frac{1}{2}$ of the glass depending on how much carbonation you like).
5. Carefully top off each glass by pouring sparkling lime seltzer into each to create foam, stir and enjoy!

Nutritional Information

Calories	56
Total Fat	0 g
Saturated Fat	0 g
Cholesterol	0 mg
Total Carbohydrate	15 g
Dietary Fiber	2 g
Sugar	10 g
Protein	1 g
Sodium	2 g
Serving Size	1 cup
Recipes yields	4 servings

Adjusted from:
www.sugarfreemom.com/recipes/watermelon-lime-spritzer-no-sugar-added