

# Berry Watermelon Fruit Salad

Serving size: 6 Servings

Prep time: 10 minutes

Total time: 10 minutes

## Ingredients



- 4 cups watermelon, cubed
- 1 pint strawberries, hulled and quartered
- 1 pint blueberries
- 1 pint raspberries
- 1 pint cherries, pitted and halved
- 1/2 pint blackberries
- squeeze of fresh lime juice

## Preparation

1. Cut all of the fruit into bite-sized pieces.
2. Add to a large mixing bowl, and gently toss together.
3. Top with a squeeze of fresh lime juice, to taste.
4. Serve chilled.

## Nutritional Facts:

Serves: 6 Servings  
Calories: 155  
Fat: 1.2 g  
Carbohydrate: 37.7g  
Sugar: 25.6g  
Fiber: 8.9g  
Protein: 3.1g  
Sodium: 3mg

Adjusted from: <http://www.forkknifeswoon.com>