

SUPPORT GROUPS

Kidney Cancer Support Group

2nd Monday, 1-2:30 PM, Willow Conference Room

Every other month – January, March, May, July, September, November

Lung Cancer Support Group

4th Wednesday, 2-3:30 PM, Willow Conference Room

Lymphoma & Hematologic Cancer Support Group

3rd Wednesday, 2-3:30PM, Willow Conference Room

Ostomy Support Group

3rd Wednesday, 2-3:30PM,

January, February, April, May, July, August, October, November

**** This group will meet at the following location:**

16405 Sand Canyon Avenue, Suite #230, IRVINE

Prostate Cancer Education & Support Group (PACT- Man)

1st Wednesday, 6-7:30PM, Healy Conference Room

Every other month – January, March, May, July, September, November

EDUCATION

Breast Cancer Orientation Class

This class provides important information tailored to the unique concerns of newly diagnosed breast cancer patients. Meet with the Nurse Navigator to receive guidance on medical concerns.

1st Thursday 12-1:30 PM (Irvine)

Registration required.

Please call 949-722-6237

Irvine class offerings are held at
Hoag Cancer Center Irvine
16105 Sand Canyon Avenue
Irvine, CA 92618



SUPPORTIVE COUNSELING

Complimentary individual and family counseling appointments are available with our oncology social worker to assist you and your family with emotional, psychosocial and practical needs.

By appointment only. Call 949-557-0244

BODY, MIND & SPIRIT

Nutrition Services

The dietician team is dedicated to helping patients meet their nutritional goals and understand the valuable relationship between good nutrition and health. Call 949-764-8369.

Brighter Image

Free professional consultation to assist Hoag patients with wigs, scarves, make-up, etc. By appointment only. Call 949-764-5542

Reiki Circle

2nd and 4th Friday, Canyon/Creek Room
By appointment only. Call 949-722-6237

Meditation and Guided Imagery

A workshop designed to teach basic meditation and guided imagery Techniques for reducing stress and anxiety.

1st and 3rd Wednesday – 11AM-11:45AM Healy Conference Room

EVENTS AND WORKSHOPS

Creative Expressions

Art Workshops

Workshops are held quarterly and utilize different art mediums at each meeting. No skillset required, all patients, family and support persons are welcome. Registration required, please call 949-722-6237.

Free-Flow Writing Workshop

A workshop designed to teach free writing techniques providing a time of supportive sharing that will encourage therapeutic effects as well as a cathartic release of emotions, stress and anxiety. This focus can improve creativity and connection. Registration required, please call 949-722-6237.

Healthy Eating Classes

An interactive healthy cooking class and demonstration for cancer survivors, family and support persons. Offers tasters and take-home recipes. Registration required, please call 949-722-6237.

Skin Care During Treatment

Offered by Hoag Dermatologist, Dr. Dore Gilbert. Focused on ways to maximize health of skin and nails during cancer treatment. Open to individuals in active treatment or those who have recently completed treatment. Registration required, please call 949-722-6237.

Updated 1/17/2019