

The HOAG logo is displayed in a large, white, serif font against an orange background that forms a triangle on the left side of the top banner. The banner also features a blurred photograph of a group of people with their hands raised, suggesting an interactive educational session.

COMMUNITY EDUCATION CLASSES

Better Breathers Club 2019

Education and support group for people with lung disease

Date: 2nd Wednesday of every month

Time: 12:00pm - 2:00pm

Location: 520 Superior Ave., Newport Beach, CA 92663, 1st floor Conference Room 6.

Registration Info: No registration required.

Price: FREE and OPEN to the Public. Light refreshments will be served.

Better Breathers Club is a program of education and support sponsored by Hoag and supported by the American Lung Association.

January 9th Pulmonary Function Testing and Chest CT Scan Made Simple

February 13th Updates in Stroke Treatment

March 13th Restrictive vs. Obstructive Lung Disease

April 10th Understanding Idiopathic Pulmonary Fibrosis (IPF)

May 8th Lung Transplant – The Patient Experience

June 12th Airway and Secretion Clearance

July 10th Nutrition and Pulmonary Disease

August 14th Latest and Greatest in COPD Care

September 11th Let's Talk About Palliative Care

October 9th Healthy Brain Aging 2019

November 13th Meditation and Mindfulness

December 11th Come and Join us for our annual Holiday Party!

For any questions please call 1-800-400-HOAG (4624)

E-mail Kerman.Rogers@hoag.org to join our monthly notification.



A member of the
St. Joseph Hoag Health alliance