

CANCER INSTITUTE PROGRAMS

ANTIOXIDANTS

****Radiation is an oxidizing treatment and it is unclear if antioxidants may interfere with your treatment. If you have any concerns, please discuss this with your physician. ****

Common Antioxidants include:

Vitamin's: ACES (vitamin A,C,E, and Selenium)

Alpha Lipoic Acid

Bilberry

Burdock

Cell Guard

Co-Q enzyme

Cysteine

Flavonoids

Fish Oil/Omega 3

Garlic tablets

Ginko Biloba

GLA-Gamma Linoleic Acid

Glutathione Peroxidase

Green Tea (in excess)

Grape Seed Extract

Inflazyme Forte

IP-16

Isoflavones

Juice Plus

L-glutathione

Life Guard

Lignans

Lutein

Lycopene

Melatonin

Milk Thistle

Mixed Carotenoids

N- Acetyl Cysteine

NADH- Nicotinamide

Adenine Dinucleotide

Oligomeric Proanthocyanidin

Oxy-500 Forte

Revenol

Sulforaphane

Superoxide Dismutase

Turmeric

Zinc

****It is okay to take Antioxidants in their natural forms like fruits, vegetables, juices and fish as you would eat in your normal diet ****

References:

Prescription for Nutritional Healing: 1st, 2nd, and 4th editions,

James F. Balch, M.D. and Phyllis A. Balch, CNC

The Herbal Pharmacist, Volume II, Issue IV

David J. Foreman, RPh., N.D.



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